

Breast Pump Distributors

Breastfeeding Series

Expressing milk by hand is a good way to get milk from your breasts for storage or to tell your body to make more milk. It helps to learn hand expression, as it may be more convenient.

If you choose to buy or rent a breast pump, there are several places where you can find the right equipment for your needs. Manual pumps are available for purchase and electric pumps can be rented or purchased, depending on the distributor.

Note: The list below is not inclusive, as distributors and availability of pumps are subject to change.

Distributors	Electric		Manual
	Rental	Purchase	Purchase Only
The Breast Pump Solution (Alison Ranger) 250.479.9413 or cell 250.889.9413 (will deliver) Rental Cost: \$28.00 per week	✓	✓	✓
Carole Arndt Express Breast Pumps Facebook: The Breast Pump Lady 250.812.7370 (will deliver) Rental Cost: \$32.50 for first 10 days; \$2.75 per day after	✓	✓	✓
Egnell Breastpump Rental Service 7640 East Saanich Road, Saanichton 250.812.7370 Rental Cost: \$32.50 for first 10 days; \$2.75 per day after	✓		
Forbes Pharmacy Eagle Creek Village 778.265.8181 Rental Cost: \$2.50 per day; \$75.00 per month	✓		
Forbes Pharmacy Guardian (Ameda/Medela) 111 – 755 Goldstream Avenue, Victoria 250.478.7300 Rental Cost: \$2.00 per day; \$60.00 per month	✓	✓	✓
London Drugs #14 (Medela) 127 – 3995 Quadra Street, Victoria 250.727.2271 Rental Cost: \$3.50 per day; \$105.00 per month (with \$200.00 deposit)	✓	✓	✓
London Drugs #29 (Medela) 201 – 911 Yates Street, Victoria 250.381.1113 Rental Cost: \$3.50 per day; \$105.00 per month (with \$200.00 deposit)	✓	✓	✓
London Drugs #46 (Medela) 1907 Sooke Road, Colwood 250.474.6657 Rental Cost: \$3.50 per day; \$105.00 per month (with \$200.00 deposit)	✓		✓

- Please Turn Over -

Distributors	Electric		Manual
	Rental	Purchase	Purchase Only
London Drugs #54 (Medela) Tillicum Mall, 3170 Tillicum Road, Victoria 250.360.0296 Rental Cost: \$3.50 per day; \$105.00 per month with \$200.00 deposit	✓	✓	✓
Eva Bild – Supporting New Parents (www.evabild.ca) Delivers pumps Rental Cost: \$4.00 per day; \$120.00 per month	✓		
T.J.'s The Kiddie's Store Ltd. (Medela) 3045 – C Douglas Street, Victoria (Diane, Manager) 250.386.2229 Rental Cost: \$2.67 per day; \$80.00 per month (5 pumps available)	✓	✓	✓

* None of these suppliers rent manual pumps *

Cautions with certain pumps:

- Uneven breast shields or inability to adjust suction pressures on certain pumps can lead to discomfort or tissue damage.
- If pumping hurts or causes bruising, stop using the pump and get help from a skilled breastfeeding support person.
- Some pumps may be more effective once milk supply is established and baby is latching well.
- Be aware that pump parts from different manufacturers' products may not be compatible.

Consult your *Baby's Best Chance Parents' Handbook of Pregnancy and Baby Care*, or contact your local health unit/nurse for more information on hand expression, using breast pumps and collecting and storing breastmilk.

For more information or help, see your Public Health Nurse at your local health unit, or contact your Doctor, Midwife or Nurse Practitioner

Health Unit Locations:

www.islandhealth.ca/our-locations/health-unit-locations