

Victoria Counsellors & Mental Health Supports

Jill Culver, counsellor and social worker

(250) 800-0744

www.jillculver.ca

Services may be covered by some extended health programs. Tillicum & Gorge area.

Traci McGee

(250) 885-6760

<http://www.tracimcgee.ca>

Nichole Fairbrother PhD, RPsych

(250) 519-5390, Ext 36320

CACBT-ACTCC Certified Cognitive Behaviour Therapist and Founding Member

Assistant Professor Department of Psychiatry | Island Medical Program

Email: nicholef@uvic.ca

<https://bcchr.ca/our-research/researchers/results/Details/nichole-fairbrother>

Jill Davoren, MSW

(250) 415-7575

Email Jill.SeaSideCounselling@gmail.com

<http://www.seasidecounselling.com/about-jill.html>

Formerly and for many years the perinatal social worker at VGH, now in private practice.

Douglas & Quadra area

Erinn Doncaster

(250) 538-8777

E-mail: erinn@coherence-counselling.com

www.coherence-counselling.com

Fort & Cook area. Trauma, couple and perinatal counselling

Theresa Gulliver RCC

(250) 858-8049

<http://theresagullivercounselling.com/>

Joss Hurtig-Mitchell, RCC

(250) 415-9650

<http://www.josshurtigmitchell.ca/>

Quadra & Pandora area

Brandi Allen, RCC

(778) 678-0709

E-mail: info@brandiallencounselling.com

<http://brandiallencounselling.com/>

Indus Piche

indrus@indrus.com

Jennifer Vining

(250) 216-7345

<http://www.jenvining.ca/>

Richmond & Hillside area.

Vanessa Bailey http://baileycounsellingtherapy.ca/sexual-reproductive/ Also does birth trauma—on parental leave to June 2020	(250) 858-7770
Elements of Health Centre https://www.elementscentre.ca/mindfulness/ Classes, workshops and resources specific to mindfulness	(250) 383-2626
Nicole Makin https://www.clearcoast.ca -Postpartum counselling . Burnside-Douglas area	(250) 384-9934
Kate Borsato PP, www.kateborsato.com -birth trauma counsellor online sessions from your home.	
Sarah Kathleen Wilson http://sarahkathleenwilson.com/about-me/ Cook St area. Queer friendly. Hypnotherapy, social worker, clinical counsellor	(778) 400-2249
Citizen's Counselling http://www.citizenscounselling.com Has a waiting list and is quite affordable-sliding scale	(250) 384-9934
Mothering Touch Has a mothering circle that you must register for at https://www.motheringtouch.ca/classes/classes-for-new-parents/motherhood-circle/	(250) 595-4905
Pacific Postpartum Society http://postpartum.org/	