

Domperidone Weaning Schedule

Domperidone needs to be tapered down slowly for 2 reasons:

1. We do not want your supply to drop suddenly (but slow wean should not impact supply)
2. A sudden stop to the medication could have a negative impact on mental health - a slow wean should not impact mental health.

Follow the weaning schedule, and if at any time you notice a dip in your supply or mood - simply step back one and add one tablet back in.

If taking 2 tablets 3 times daily:

- Take your regular dose for up to 4 weeks at the point you reach the desired supply.
- Then take 2 tablets in am, 2 tablets in pm and drop ONE tablet so you are taking 1 tablet in the evening. Do this for FIVE DAYS
- Next, take 2 tablets in am, 1 tablet in pm and 1 tablet in evening. Do this for FIVE DAYS
- Next, take 1 tablet in am, 1 tablet in pm and 1 tablet in evening. Do this for FIVE DAYS
- Next, take 1 tablet in am, 1 tablet in pm and NO tablets in evening. Do this for FIVE DAYS
- Next take 1 tablet in am, NO tablets in pm and NO tablets in evening. Do this for FIVE DAYS before dropping the last tablet.

If you have any questions, please reach out to our office.